

FINGER-MILLET: THE CONTRIBUTION OF VERNACULAR NAMES TOWARDS ITS PREHISTORY



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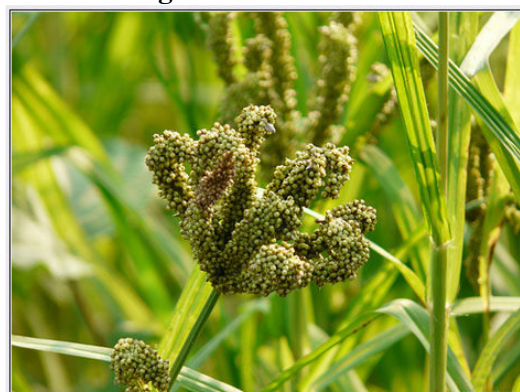
ACRONYMS

| | |
|-------|---|
| * | regular reconstruction |
| # | quasi-reconstruction based on rapid inspection of forms |
| AD | Anno Domini |
| BC | Before Christ |
| BP | Before present |
| DDSA | Digital Dictionaries of South Asia |
| OC(M) | Old Chinese (Main) |
| STEDT | Sino-Tibetan Etymological Dictionary and Thesaurus |

1. Introduction

Finger-millet, *Eleusine coracana* (Linn.) Gaertn. (Photo 1) gains its name from the head of the plant, which bears some resemblance to a splayed hand. Finger-millet is cultivated throughout Eastern and Southern Africa, and in parts of Central Africa, as far west as Nigeria¹. In Asia, it is widespread in India, Nepal and the Himalayan region, across parts of China and into Taiwan. In Island SE Asia it is known from Sumatra and Java and as far as Lombok, as well as an isolated record in Ambon (Map 3). It is also recorded in the USDA database from South Carolina, which may reflect a transfer from the era of the slave trade, like okra and cowpeas.

Photo 1. Finger-millet *Eleusine coracana*



Its exact area of domestication has remained controversial. Because it shows the greatest varietal diversity in India, earlier sources suggested that as its homeland and in 1926 Vavilov (1951) proposed a source in the grassy uplands. Portères (1951) inclined to an African origin on the basis of African vernacular names, a view supported by Mehra (1962, 1963) on botanical grounds. Portères (1976:417) later changed his mind and reverted to the hypothesis of Indian origin. However, Harlan *et al.* (1976, footnote, p. 417) point out that this was to ignore the existence of *Eleusine africana*, a wild tetraploid that crosses freely with cultivated finger-millet. This assertion of an African origin for eleusine appears to have been generally accepted (Hilu & De Wet 1976a,b; Hilu *et al.* 1979). Philips (1972) has plotted out the range of the potential wild ancestors, which cover most of semi-arid and subhumid Africa.

Finger-millet was apparently carried from Africa to India in prehistory, since there are a number of reports of grains at around the 4000 BP mark, although not all those cited in earlier literature can be confirmed (Blench 2003; Fuller 2003, 2011). It is of considerable importance in Nepal, and adjacent parts of the Himalayas, although by what route it was transmitted is unknown, in the absence of archaeobotanical material. Hilu & De Wet (1976) plot out the distribution of Indian races (Map 2) and distinguish a lowland race in the west and south, more similar to those in Africa, and a highland race in the north and northeast. Although China is a major producer of finger millet, there is a similar lacuna in the archaeobotany. Yet it must have spread from the mainland to Taiwan in prehistory, as it is well-established there among the Austronesian-speaking peoples. Similarly, its absence in the Malaysian Peninsula, and presence in Western Indonesia points to a maritime introduction; but again there are no dates or historical records. Schwarz (1939) first reported finger-millet in the Arabian Peninsula and a survey of Oman by Hammer *et al.* (2009) also recorded its presence.

As a consequence, historical linguistics takes on some importance as a means of tracing the spread of finger-millet. The current paper² compiles vernacular names for finger-millet from both Asian and African languages. As far as can be seen, the two continents show no connection, which does support the transfer of this cereal in antiquity. More detailed discussion of the methodological aspects of the conclusions drawn from comparative linguistics are included in the companion paper on Asian millets (Blench this volume). Terms for finger-millet occur in three of Africa's four major language phyla, Afroasiatic, Nilo-Saharan and Niger-Congo, as well as most phyla of South and East Asia and India. These are colour-coded in the tables to make clear the affiliation of a language at a glance.

¹ It is worth observing how poor the data on a minor cereal such as finger-millet can be. FAO statistics aggregate all millets, making the data effectively useless. A reference volume such as NAS (1996) includes a highly inaccurate map of the areas of cultivation of finger-millet in Africa.

² Elements of this paper was included presentations at the RIHN Symposium 'Small millets in Africa and Asia' Tokyo September 19-20th, 2010, and I would like to thank the organisers for the invitation to attend. Thanks to Emiko Takei for permission to adapt her data on names for finger-millet in Taiwan.

2. Africa

Finger-millet is primarily grown today in Eastern and Southern Africa to make beer, as it has been displaced by maize as a staple in many regions. It is grown as far west as Central Nigeria, where it is appreciated as a crop that grows in low-fertility soils. Finger-millet is present in the archaeobotanical record, but few of the existing dates would pass modern scrutiny in terms of their reliability. Giblin & Fuller (2011) have compiled a listing of finds of finger-millet in Africa, including estimates of reliability of dating and context. The earliest record is a Kursakata, Nigeria, dated to 100 AD, followed by Ona Nagast, Ethiopia, representing the Aksumite culture. Following this, the site of Kabuye IV in Rwanda is dated at around 320 AD. All subsequent finds are in Eastern and Southern Africa, with no other records for West Africa. Boardman (1999) records a first millennium AD find of finger-millet near Axum in Ethiopia. In south-eastern Africa, there is a record of cultivated finger-millet at Inyanga, in modern-day Zimbabwe, where carbonised seeds are associated with late Iron Age pottery (Summers 1958).

The pattern of names is puzzling, to say the least. The only linguistic analysis of finger-millet terms is Philippon & Bahuchet (1996: Fig. 4) which does not provide raw data but merely maps of the distribution of roots³. Ehret (1998) points to the diversity of terms as evidence for a late introduction, and there are indeed a large number of low-frequency roots of limited geographical distribution. Although the East and West African cultivation zones must have been historically connected, there are virtually no attestations for languages of Southern Sudan and Chad, suggesting that although finger-millet must have diffused along a corridor north of the equatorial forest, its cultivation has largely disappeared. Alternatively, the original zone of domestication may have been in the archeologically unexplored areas between east and west. There are no records of finger-millet beer in the region of West-Central Africa, hence this use must have been displaced by the later (?) spread of sorghum. The most likely explanation for this linguistic diversity is that finger-millet diffused gradually from farmer to farmer and that it often took on the local name of goosegrass, *Eleusine indica*, a closely related transcontinental weed of cultivation.

Table 1 shows the distribution of major roots for finger-millet in Africa;

Table 1. Major roots for finger-millet in Africa

| Root | Location |
|----------|--|
| *-gimbi | Kenya to Zimbabwe |
| *-poko | Malaŵi, Zambia, Zimbabwe, South Africa |
| *-bulo | Uganda to Zambia |
| *-dagusa | Central Ethiopia |
| *-sarga | Nigeria, Chad |

Philippon & Bahuchet (1996: Fig. 4) identify a series of roots, *-*degi*, *-*de* and *-*do*, plotted on their map. The root, *-*degi*, which is said to occur south and east of the Great Lakes, has been connected to the Indian name *rāgi* (Philippon & Bahuchet 1996). However, *rāgi* is likely to originate in a Dravidian root for ‘cereal’ and is thus unrelated (Southworth 2005). However, the evidence for these vernacular names is entirely lacking in the datasheets accompanying their paper and an error may thus have crept in, perhaps a transposition from another crop. These are omitted pending further evidence for the existence of these names. The Austronesian language, Malagasy, has a highly idiosyncratic term, *tsimpimpina*, but it is unknown whether this is an old cultigen or a recent introduction.

Table 2 shows a stem that occurs in Eastern Africa⁴. The original shape of the root seems to have been something like #-*gimbi*, with the class prefix 3 (*u*)*mu*- for the plant and Class 14 (*u*)*wu*- for the grain. It is reconstructed in BLR3 as *-*gimbi* with the meaning ‘millet-beer’;

³ However, Gerard Philippon has kindly provided copies of the datasheets, and some material from these is quoted in the tables.

⁴ This is more widespread than indicated in Bahuchet & Philippon (1996: Fig. 4)

Table 2. The finger-millet root #-gimbi in Bantu

| Language | Attestation | Gloss |
|----------|-----------------|------------------------------|
| Swahili | (m)wimbi | |
| Embu | ugimbi | |
| Tharaka | ugimbi | |
| Kamba | oembe | |
| Gweno | myimbí, ßuyimbí | |
| Dawida | ßuyimbi | |
| Kikuyu | oyembe | |
| Chonyi | wimbi | |
| Sangu | uwugimbi | beer |
| Sena | mulimbi | |
| Shona | mbimbimbi | bumper crop of finger-millet |

Sources: adapted from Maundu (1999), FAO (1988), Blench (2006) & Philippon (ined)

The Nilo-Saharan language Maa (i.e. Maasai) *oloikimbi* is transparently borrowed from Bantu.

Table 3 shows other low-frequency terms for finger-millet in Eastern and Southern African languages;

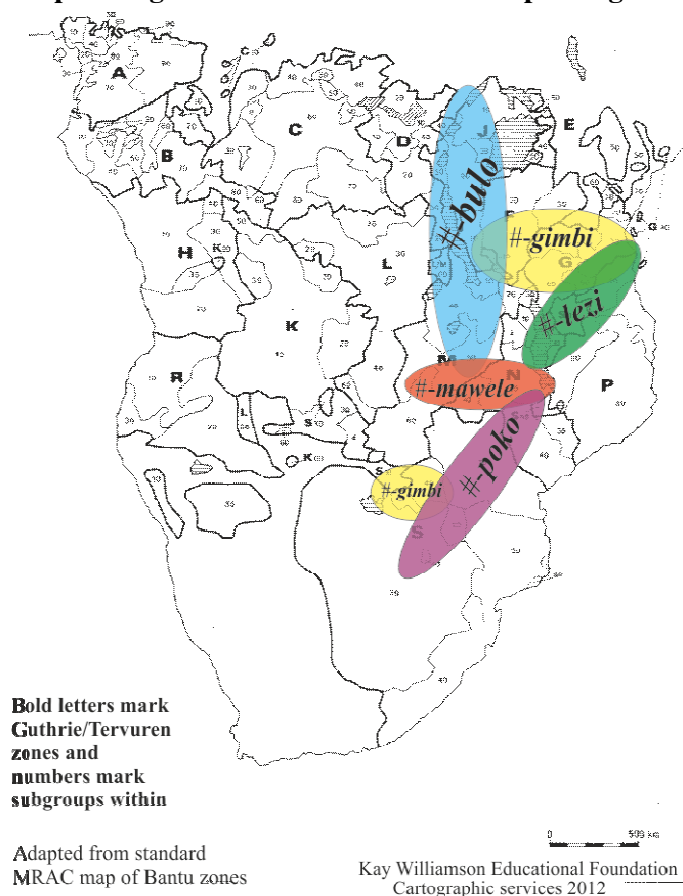
Table 3. Finger-millet terms in Bantu languages

| Language | #-bulo | #mawe | #-lezi | #-poko | Others |
|-------------|----------|--------|--------|---------|-----------------------|
| Kisii | obori | | | | |
| Luhya | obure | | | | |
| Kinyarwanda | uburo | | | | |
| Luganda | òbùlô | | | | |
| Nande | obúlo | | | | |
| Hunde | buló | | | | |
| Shi | óóbúló!ó | | | | |
| Tembo | búlo | | | | |
| Rwanda | uburó | | | | |
| Rundi | uburó | | | | |
| Kerebe | buro | | | | |
| Ganda | obulô | | | | |
| Soga | bulo | | | | |
| Masaaba | ßulo | | | | |
| Hanga | oßule | | | | |
| Bemba | bule | amale | | | |
| Tonga | | mawe | | | |
| Pogoro | | | ulesi | | |
| Hehe | | | ulezi | | |
| Swahili | | | ulezi | | |
| Nkonde | | | malesi | | |
| Chewa | | mawere | | lipoko | |
| Tumbuka | | | malezi | lupoko | |
| Shona | | | | rapoko | zviyo, njera, rukweza |
| Ndebele | | | | uphoko | mazhovole |
| Hlengwe | | | | poho | |
| Nyanja | | mawe | | lupoko | kambale, majolothi |
| Venda | | | | mufhoho | |
| Yao | | | | | usanje |
| Ngoni | | | | | khakwe |
| Lunda | | | | | masaanu ? |
| Mwenyi | | | | | (a)maungú ? |

The #-mawe root is widely found applied to ‘pearl millet’ and has probably been sporadically borrowed as a

term for Eleusine. Map 1 shows the approximate locations of the roots identified in Table 3;

Map 1. Finger millet roots in the Bantu-speaking area



Names for finger-millet in Nilotic languages show little consistency (Table 4);

Table 4. Finger-millet names in Nilotic languages

| Language | Attestation |
|----------|-------------|
| Teso | akima |
| Pokot | mataighio |
| Nandi | bek |
| Dholuo | kal |
| Kumam | kal |

suggesting that the term has been borrowed independently from wild plant names.

The cultivation of finger-millet in the Ethiopian highlands is connected with the genesis of seed agriculture, usually associated with Cushitic and Semitic speakers. The most common root, something like *#dagus*, appears to originate with Agaw speakers, since it can be reconstructed to proto-Agaw (Appleyard 2006). Ehret (1979: 172) noted that the Amharic is borrowed from Agaw as is the Kafa form. Table 5 shows the main terms recorded for finger-millet in Ethiopia.

Table 5. Ethiopian terms for finger-millet

| Phylum | Family | Branch | Language | Attestation |
|-------------|----------|--------------|----------|-------------|
| Afroasiatic | Semitic | Ethiosemitic | Amharic | dagussa ታጉሳ |
| Afroasiatic | Cushitic | Agaw | Bilin | dagus |
| Afroasiatic | Cushitic | Agaw | Xamtanga | dəwsa |
| Afroasiatic | Cushitic | Agaw | Kemant | dəwʃa |
| Afroasiatic | Cushitic | Agaw | Künfal | dəgusi |
| Afroasiatic | Cushitic | East | Afar | asədəro |
| Afroasiatic | Cushitic | East | Haddiya | joko |
| Afroasiatic | Cushitic | East | Borana | barankiya |
| Afroasiatic | Omoti | Gonga | Kafa | daufjo |

The cultivation of finger-millet in West Africa is something of a puzzle, since there is very little evidence for its importance in Southern Sudan and Chad. Almost no vernacular names are recorded for these countries. Nonetheless, there is no other obvious root for its diffusion. Most of the vernacular names are unconnected, but the Kanuri term is clearly the source for the related nexus of terms in Tarokoid (Tarok, Pe, Sur Yangkam). Since these languages are now not contiguous to Kanuri, it is almost certain that the intermediate language was one of the Chadic languages such as Ngamo, which also probably borrows Kanuri *sarga*. Table 6 illustrates the diversity of terms in West African languages, which must indicate a relatively old introduction of finger-millet, as the archaeobotany suggests.

Table 6. West African terms for finger-millet

| Phylum | Family | Branch | Language | Attestation |
|--------------|-----------------|---------|-----------|-------------|
| Afroasiatic | Chadic | Masa | Marba | adana |
| Afroasiatic | Chadic | West | Hausa | tambà |
| Afroasiatic | Chadic | West | Mwaghavul | kùtùŋ |
| Afroasiatic | Chadic | West | Ngamo | ʃàrkà |
| Afroasiatic | Chadic | West | Karakare | dààmàsù |
| Afroasiatic | Chadic | West | Bole | sèrèèdɪ |
| Niger-Congo | Benue-Congo | Plateau | Berom | kpáná |
| Niger-Congo | Benue-Congo | Plateau | Tarok | ìzàŋziŋ |
| Niger-Congo | Benue-Congo | Plateau | Pe | ì-zàŋdi |
| Niger-Congo | Benue-Congo | Plateau | Sur | sargi |
| Niger-Congo | Benue-Congo | Plateau | Yangkam | saraŋa |
| Nilo-Saharan | Central Sudanic | Sara | Ngambay | nduru |
| Nilo-Saharan | Central Sudanic | Sara | Sar | dũr |
| Nilo-Saharan | Saharan | West | Kanuri | sarga |
| Nilo-Saharan | Songhay | South | Dendi | hèèni |

Sources: Burkill (1994); Author's fieldwork

The pattern of finger-millet terms in Africa is consistent with botanical hypotheses concerning its origin (although these are not very geographically specific). The lack of any widespread term probably indicates widespread borrowing or interchange with terms for goosegrass, and also the isolation of patches where the crop is still grown. Like other millets, Eleusine has been fragmented by the expansion of sorghum and pearl millet.

3. India and beyond

When and by what routes finger-millet spread to India and on to China is not unclear. It is generally agreed that the arrival of crops suitable for monsoonal season regimes made a significant impact in Indian prehistory (Possehl 1986; Weber 1998). Finger-millet has been recorded from numerous Indian sites but it appears that many reports are misidentifications of foxtail millet (*Setaria*) caryopses or even *Echinochloa*. Giblin & Fuller (2011:262) summarise the current state of knowledge as follows;

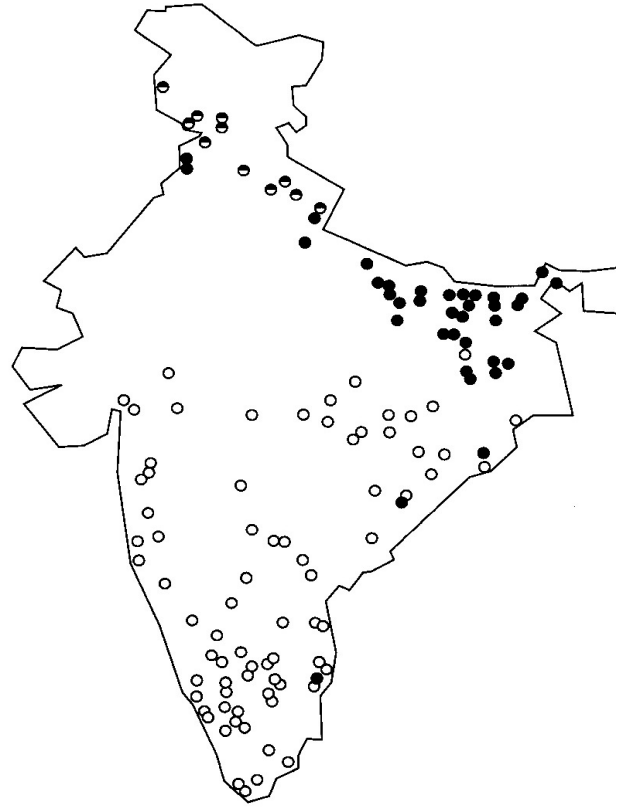
The date for the arrival of finger millet in India provides a minimal age for the start of cultivation in

its African homeland, but in the absence of better documentation, larger quantities and direct AMS-dating, this minimum age could be anywhere from 2500 to 500 B.C. By early historic times in India, from 300 B.C., finds are more numerous. The earliest finds from India, once probable misidentifications are removed, consist of only a few sites as old as 1000 cal B.C.

Fuller (2003: 258-9) gives a table of all claimed finds in India with assessments of their reliability. Finger-millet is both extremely widespread and diverse in India today as shown in Map 2. The open circles mark the 'lowland' race they identify and the black circles the 'highland' types. Finger-millet thus probably travelled in the same ships as sorghum and pearl millet.

The Indian names of finger-millet are discussed in Southworth (2005:198). He cites **maḍaka* as 'Old Indo-Aryan' which is somewhat misleading, since the evidence is derived from three closely related languages, Nepali, Kumaon and Pahari. The form **ragi* is attributed to proto-South Dravidian, for which the evidence is again somewhat sparse (two languages). Finally, Kherwarian Munda **ḍeray* is not a true proto-form, but a rather general term meaning 'grain'. This makes the linguistic case for the antiquity of finger-millet in South Asia less than convincing. The names that can be garnered from the linguistic literature are given in Table 7. The table also shows the East Asian names for finger-millet, none of which can be related to one another. Recent texts on the archaeobotany of Korea and Japan provide no evidence for the dates of introduction of finger-millet (e.g. Lee 2011 on Korea; Crawford 2011 on Japan).

Map 2. Finger-millet in India



Source: Redrawn by Fuller from Hilu & De Wet (1976)

Table 7. Indian and East Asian names for finger-millet

| Phylum | Family | Language | Attestation | Script form |
|---------------|-------------|------------|--|---------------|
| Indo-Aryan | | Nepali | kodo | कोदो |
| | | Nepali | maṛuwā [beer] | |
| | | Kumaon | maṛuwā | |
| | | Danuwar | maduwa | |
| | | Majhi | maramṭo | |
| | | Tharu | kodo | < Nepali |
| | | Oriya | mandia | ମାଣ୍ଡିଆ |
| | | Punjabi | muṇḍal | ਮੁੰਡਲ |
| | | Marathi | nachani | नाचणी |
| | | Rajasthani | nachani | नाचणी |
| | | Konkani | nachne/nathno | नासणे/नाचणे |
| | | Dhivehi | binbi | ބިންބި |
| Dravidian | | Kannada | ragi | ರಾಗಿ |
| | | Tamil | kezhvaragu | கேழ்வரகு |
| | | Tamil | kay.pai | கேப்பை |
| | | Tamil | aariyam | ஆரியம் |
| | | Malayalam | muthary | |
| | | Telugu | ragi | రాగి |
| Austroasiatic | | Munda | ḍeray [grain] | |
| Sino-Tibetan | Sinitic | Chinese | cǎnzi | 糴子 |
| Sino-Tibetan | Tibetic | Gurung | naraw, nare | |
| Sino-Tibetan | Tibetic | Sherpa | gyar | |
| Sino-Tibetan | Tibetic | Tamang | saṅna | |
| Sino-Tibetan | Bodish | Kurtöp | thre | <Tibetan khre |
| Sino-Tibetan | Mahakiranti | Chepeng | kədəw | < Nepali |
| Sino-Tibetan | Mahakiranti | Sunwar | ḡirs | |
| Sino-Tibetan | Kiranti | Bahing | tsarnyky | |
| Sino-Tibetan | Kiranti | Bantawa | sampica | |
| Sino-Tibetan | Kiranti | Dumi | lidzə(m) | |
| Sino-Tibetan | Kiranti | Hayu | dɔ | |
| Sino-Tibetan | Kiranti | Kulung | lis_ | |
| Sino-Tibetan | Kiranti | Limbu | pɛː na, kakrik na, tsikjak na, sɛɾɛ na | |
| Sino-Tibetan | Kiranti | Limbu | maṅdok | |
| Sino-Tibetan | Kiranti | Thulung | liser | |
| Sino-Tibetan | Lepcha | Lepcha | moŋ | |
| Sino-Tibetan | Magaric | Magar | pandare, rankuwa | |
| Sino-Tibetan | Newaric | Newar | dusi | |
| Altaic | | Korean | susu | 수수 |
| Japonic | | Japanese | shikokubie | 四国稗 シコクビエ |

Nepali *kodo* seems to have been borrowed into some Tibeto-Burman languages, for example Chepeng *kədəw*. Other languages have borrowed the quite distinct term for finger-millet beer. Finger-millet is grown extensively in the Himalayas, and ritual beer brewed from it plays a part in many shamanic rituals. Puzzlingly, there are no records for Yunnan and South China, although it is hard to imagine that finger-millet either is or was not formerly cultivated there, since it spread to Taiwan. Highland populations all seem to cultivate finger-millet along with Asian millets. Bradley (1997, 2011) makes no mention of finger-millet. Table 8 shows the Taiwanese names recorded for finger-millet, which are extremely diverse.

Table 8. Taiwanese names for finger-millet

| Language | Names |
|----------|-------------------------------------|
| Atayal | kamui, kamuku |
| Bunun | salaaz, saraal |
| Tsou | carana, takalaia, chayana, echayana |
| Rukai | saalal |
| Babuza | tappatkyat |

Source: Emiko Takei (p.c.)

Finger-millet is found in parts of Indonesia, notably Sumatra and Java. Ochse & Van den Brink (1980) provide some basic information on processing in Sumatra but no further data on the likely history of the crop. They record Sundanese vernacular names which are identical to wiregrass, *Eleusine indica*. The distribution of finger-millet in Island SE Asia is shown in Map 3;

I have been unable to track down any vernacular terms, and none are recorded in standard sources, such as Blust's Austronesian Comparative Dictionary. However, this map strongly suggests that Taiwan and Sumatra-Java locales are unconnected and that finger-millet is likely to have been brought to Sumatra by sea from India, and then diffused eastwards. However, there is no solid evidence for this from either linguistics or archaeobotany.

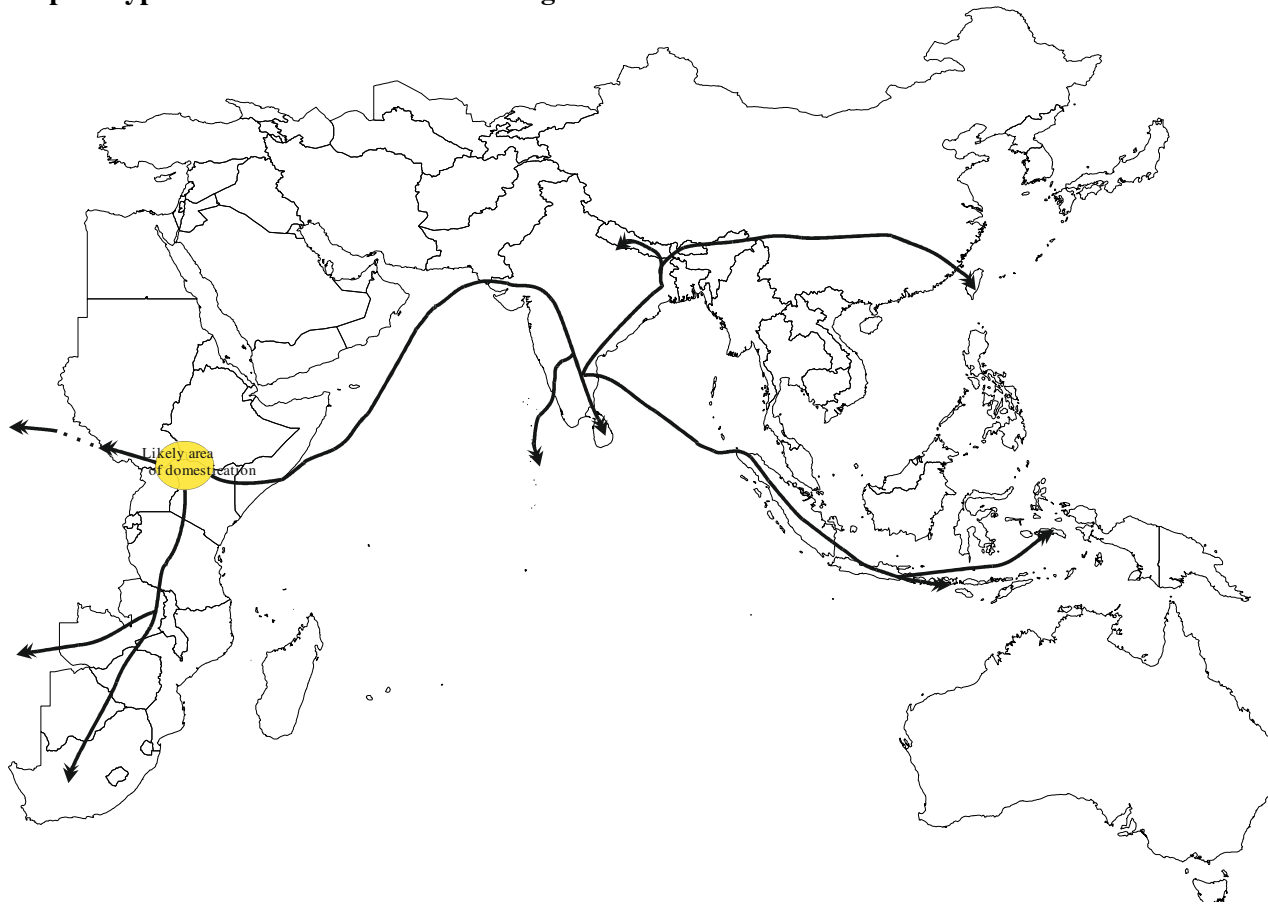
4. Synthesis and conclusions

Finger-millet is apparently an early African domesticate, which was carried to India and diffused from there to China and SE Asia. Vernacular names are extremely diverse (very much in contrast with other important millets such as foxtail millet) and only form highly local patterns. This may reflect the modern fragmentation of cultivation, due to the subsequent expansion of other high-yielding crops. Map 4 shows the hypothetical diffusion routes of finger-millet across the Old World, drawing on the limited archaeological evidence and the ethnographic and agronomic data for current cultivation.

Map 3. Distribution of finger-millet in ISEA

Source: Emiko Takei (p.c.)

Map 4. Hypothetical diffusion routes of finger-millet



Linguistic evidence for finger-millet is extremely scattered, both in quantity and quality. Only more precise elicitation will make it possible to carry this analysis further. In some cases the nucleus of common roots seems to run counter to the sparse archaeological evidence. Further work in both disciplines may improve the ‘fit’ between the two datasets.

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